

Research

The Lung Association has partnered with the Canadian Institutes of Health Research for a five-year \$300,000 professorship which was awarded to Dr. Josh Lawson, Department of Medicine, University of Saskatchewan. Dr. Lawson is studying asthma differences among children living in urban, semi-urban and rural Saskatchewan.

The **Ferguson Professorship** funding of \$40,000, which is in honour of Dr. R. George Ferguson, supports research in the Division of Respiriology, Critical Care and Sleep Medicine. The professorship program has been extremely successful in developing and sustaining lung health research here in Saskatchewan.

This year, the Lung Association partnered with the Saskatchewan Health Research Foundation to fund three grants of \$40,000 each in asthma in Saskatchewan. All three grants were awarded to researchers at the University of Saskatchewan.

Other support includes visiting professorships, research support contributed to the Canadian Lung Association, training grants, support for TB control, seconded staff time, development of patient education programs and support for continuing professional education. Over the past 5 years \$300,000 has been contributed.

The Saskatchewan Thoracic Society (the health professional section of The Lung Association) invites all health professionals who are active in respiratory care to become part of a progressive, inter-disciplinary organization of health care providers. The annual Professional Education Day is each November in Saskatoon. Benefits of membership include: helping to improve the quality of respiratory care offered in Saskatchewan; reduced fees for workshops on current issues in respiratory care; eligibility for an LAS educational grant, and much more.

RESPTREC™

The Lung Association of Saskatchewan has provided provincial and national leadership by developing and offering RESPTREC™. It is the most widely accessed respiratory education course in Canada for health care professionals working with people and their families affected by chronic lung disease, like asthma and COPD – chronic obstructive lung disease. Building skills in developing effective partnerships amongst health care professionals, people living with chronic disease and their families will assist in improving outcomes for those affected by chronic disease.

RESPTREC™ has trained over 500 healthcare professionals in Saskatchewan and has prepared them to become Certified Asthma Educators (CAEs) and Certified Respiratory Educators (CREs). These skilled individuals work in pharmacies, hospitals, doctors' offices, pulmonary rehabilitation programs and in health clinics.

Courses offered include Education for Chronic Disease Management, COPD, Asthma and Spirometry.

Many resources developed for the courses are used across the country by healthcare professionals.

Graduates are offered further continuing education through webinars and online learning tools.

RESPTREC™ provides health care professionals with the highest standard of training in asthma, COPD and education. Courses are designed to help learners develop the knowledge, skills and competencies required to empower people and their caregivers to optimally manage their chronic disease.

For more information on RESPTREC™ visit www.resptrec.org.

Our Mission...

To improve lung health one breath at a time. Our general role is to improve respiratory health and the overall quality of life through programs, education, research, training, treatment and prevention of lung disease and promotion of a healthy environment and healthy lifestyles.

Lung Health Issues in Saskatchewan...

For a complete list of the lung health issues facing Saskatchewan and the action we are taking, please visit www.lung.ca, click on "About Us", then click on "What We Do".

The top 4 out of 12 lung health threats are:

1. Children: While some progress has been made on LAS's report on Children's Lung Health we are still well short of the number of pediatric respirologists needed to care for children's lung health in Saskatchewan.
2. COPD is the fourth leading cause of death in Canada and will soon be number three.
3. 100,000 Saskatchewan people have asthma. Many do not have access to diagnostic tools and management programs.
4. 26% of adults are at high risk for sleep apnea and should be tested but Saskatchewan does not have the capacity to meet this demand.

Provincial and National Activity...

Although most of our budget is spent right here in Saskatchewan, we also provide support and leadership nationally through the Canadian Lung Association and, in turn, benefit from the work of other provincial Lung Associations. When it comes to lung disease, no community and no province is isolated from its neighbours.

Provincial Headquarters

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THE  LUNG ASSOCIATION™
Saskatchewan

ANNUAL REPORT

2015



Improving Life ... One Breath At A Time

This report covers the year
January 1 to December 31, 2015

Outdoor Smoke-Free Spaces

In the spring, we presented to Saskatoon City Council to advocate for Outdoor Public Smoke-Free Spaces such as parks, playgrounds, patios and sports fields. The bylaw was implemented on January 1, 2016! We applaud the municipal leadership of Warman and Martensville and now the City of Saskatoon for protecting the health of our communities!

Saskatoon Blades: Focus. Breathe. Play Hard.

During the 2015 hockey season, The Lung Association teamed up with The Saskatoon Blades and The Regina Pats to raise awareness about the powerful organs that allow us to live and breathe.

The FOCUS. BREATHE. PLAY HARD. Lung Health Challenge was launched in November for Lung Month. Players from The Saskatoon Blades and The Regina Pats visited schools to talk about lung health to empower students to exercise their lungs and live tobacco-free lives. Connor Gay, Ryan Graham, Brock Hamm, Cameron Hebig, and Nick Zajac from The Saskatoon Blades along with Tyler Brown, Rykr Cole, Brady Pouteau, and Adam Berg from The Regina Pats were this year's Lung Ambassadors. Together they presented to almost 4,000 students in the Saskatoon and Regina areas!

Education and Awareness

We offer Tele-health sessions to the public on various topics to help manage chronic lung disease; newsletters with up-to-date information on lung health are also available. We are going green! People can now access our bi-monthly *Breathe* E-newsletter by subscribing online.

School of Public Health – U of S

We have continued to partner and work with the School of Public Health at the University of Saskatchewan. We work with Health Promotion Masters students on tobacco use prevention initiatives.

Community Outreach

We participate in health fairs, community presentations, and communicate lung health messaging through earned media and social media outlets.

Radon

We continue to work with Health Canada on educating Saskatchewan residents about radon. Radon is the second leading cause of lung cancer, after smoking, and we want residents to test their homes. We sell radon kits out of our office and we have a partnership with the Saskatchewan Research Council to do the analysis reports for us. We started a provincial Take Action on Radon coalition which includes members from government agencies, other charities and private business partners.

Home Oxygen

The Lung Association, through a contract with the Saskatchewan Health Ministry, educates and supports the health care professionals who perform the testing required to access funding for home oxygen. This service ensures that everyone in the province has equal access to this life-saving treatment.

Sleep Apnea

The Sleep Apnea Handbook was developed in Saskatchewan and is used widely throughout Canada. Additional support to people with sleep apnea, and their families, is available through the website and the help line.

Lung Help Line

The Lung Association of Saskatchewan has five Certified Respiratory Educators (CRE) on staff who are licensed health care professionals. By calling the Helpline people can access the staff which includes Registered Nurses, Physical Therapists and a Respiratory Therapist. The staff can help people to understand their lung disease, learn how to best manage their disease, and inform them of the resources available in their community. We also offer counseling to help people quit smoking.

Pulmonary Rehabilitation

We work with various health regions and health care providers to enhance new and existing programs and we act as a source of referral for existing pulmonary rehabilitation programs.

Lung Health Institute of Canada

The Lung Association of Saskatchewan has embarked on a project to establish the Lung Health Institute of Canada to become an eminent centre for respiratory and sleep health and wellness. Watch for more news on this exciting new project.

Statement of Operations For the year ended December 31, 2015

	2015	2014
Revenue	(\$)	(\$)
Grants	911,253	977,311
RESPTrec	390,806	342,954
Bequests	140,987	209,979
Sublease recovery	92,211	48,308
Respir. Therapy	78,247	77,472
Contract services	114,637	135,745
Program cost recovery	67,940	51,092
Other income	89,135	35,519
Sponsorships	38,500	3,750
Thoracic Society	18,070	18,115
Campaigns and events		
Share the Air Raffle	240,099	248,317
SOAR Raffle	175,395	213,064
Door to Door	64,590	111,439
Memorials	31,122	38,027
Christmas Seals	149,384	172,913
Lung Research Fund	80,661	78,416
Sweepstakes	49,305	28,864
Artworks	46,015	51,789
Other fund raising	88,785	89,633
Total Revenue	2,867,142	2,932,707
Expenses		
Health Promotion - general public	777,999	913,353
Health Education - professional	689,189	616,800
Research & Grants	251,132	151,907
Development	646,674	689,454
Operations	228,654	181,428
Contracted services	301,089	278,364
Total Expenses	2,894,737	2,831,306
Excess/(Deficiency)	(27,595)	101,401

Extracted from 2015 audited statements. Full statements are available on our website or on request.