



**LUNG  
SASK**

# **Saskatchewan Pulmonary Rehabilitation Programs**

**January 2022**

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List of sites and contact information for programs currently available for Saskatchewan residents living with lung disease.

This is as up-to-date as able to confirm. Information in blue describes current activity. Most locations are still taking referrals and have a waitlist.

**Arcola - Unknown**

**Arcola Health Centre**

607 Prairie Avenue, Arcola, SK S0C 0G0

**Contact:**

*Tamara Kapell, PT*

[tamara.kapell@saskhealthauthority.ca](mailto:tamara.kapell@saskhealthauthority.ca)

306-455-2628 Fax: 306-455-2397

**Balcarres - 1:1 Education Only**

**Balcarres Integrated Care Centre**

100 Elgin St, Balcarres, SK S0G 0C0

**Contact:**

*Lisa Schill, CRE, Primary Health Care Nurse*

[lisa.schill@saskhealthauthority.ca](mailto:lisa.schill@saskhealthauthority.ca)

306-334-6264

**Central Butte - Virtual exercise**

**Contact:**

*Shannon Harrison, ET*

[shannon.harrison@saskhealthauthority.ca](mailto:shannon.harrison@saskhealthauthority.ca)

306-694-0201 Fax: 306-694-8710

**Craik - Virtual exercise**

**Contact:**

*Shannon Harrison, ET*

[shannon.harrison@saskhealthauthority.ca](mailto:shannon.harrison@saskhealthauthority.ca)

306-694-0201 Fax: 306-694-8710

**Fort Qu'Appelle - 1:1 Education Only**

**Fort Qu'Appelle Primary Health Care Centre**

178 Boundary Ave N, Fort Qu'Appelle, SK S0G 1S0

**Contact:**

*Lisa Schill, CRE, Primary Health Care Nurse*

[lisa.schill@saskhealthauthority.ca](mailto:lisa.schill@saskhealthauthority.ca)

306-334-6264

**Grenfell - Unknown**

**Contact:**

**Assiniboia - Virtual exercise**

**Contact:**

*Shannon Harrison, ET*

[shannon.harrison@saskhealthauthority.ca](mailto:shannon.harrison@saskhealthauthority.ca)

306-694-0201 Fax: 306-694-8710

**Bengough - Unknown**

**Contact:**

*Candace Kopec, Regional Manager CDM*

[candace.kopec@saskhealthauthority.ca](mailto:candace.kopec@saskhealthauthority.ca)

306-842-8366 Fax 306-848-1022

**Coronach - Unknown**

**Contact:**

*Candace Kopec, Regional Manager CDM*

[candace.kopec@saskhealthauthority.ca](mailto:candace.kopec@saskhealthauthority.ca)

306-842-8366 Fax 306-848-1022

**Estevan - Unknown**

**St. Joseph's Hospital**

1174 Nicholson Road, Estevan, SK S4A 2V6

**Contact:**

*Darrell Sydiaha, ET*

[darrell.sydiaha@saskhealthauthority.ca](mailto:darrell.sydiaha@saskhealthauthority.ca)

306-637-2410 Fax: 306-637-2485

**Gravelbourg - Virtual exercise**

**Contact:**

*Shannon Harrison, ET*

[shannon.harrison@saskhealthauthority.ca](mailto:shannon.harrison@saskhealthauthority.ca)

306-694-0201 Fax: 306-694-8710

**Hudson Bay - Unknown**

*Ginger Richter*, RN, CRE  
[ginger.richter@saskhealthauthority.ca](mailto:ginger.richter@saskhealthauthority.ca)  
306-697-4028 Fax: 306-697-4023

#### **Humboldt - Unknown**

Humboldt LIFE Program  
**Humboldt Uniplex**  
619 17th Street, Humboldt, SK S0K 2A0

**Contact:**

*Caroline Hinz*, Chronic Disease Nurse Educator,  
CRE  
[caroline.hinz@saskhealthauthority.ca](mailto:caroline.hinz@saskhealthauthority.ca)  
306-682-8153 Fax: 306-682-4417

*Blair Niekamp*, Exercise Therapist  
[blair.niekamp@saskhealthauthority.ca](mailto:blair.niekamp@saskhealthauthority.ca)  
306-682-7195 Fax: 306-682-4417

#### **Kipling - Unknown**

**Kipling Integrated Health Centre**  
906 Industrial Dr, Kipling, SK S0G 2S0

**Contact:**

*Tamara Kapell*, PT  
[tamara.kapell@saskhealthauthority.ca](mailto:tamara.kapell@saskhealthauthority.ca)  
306-455-2628 Fax: 306-455-2397

#### **Lloydminster - Active**

**Prairie North Plaza**  
Suite 109, 4910-50 St, Lloydminster, SK  
S9V 0Y5

**Contact:**

*Zelda du Plooy*, RN (*Pulmonary Rehab*)  
[zelda.duplooy@saskhealthauthority.ca](mailto:zelda.duplooy@saskhealthauthority.ca)  
306-820-6243

**Hudson Bay Health Care Facility**  
614 Prince St., Hudson Bay SK S0E 0Y0

**Contact:**

306-862-9822

#### **Indian Head - Unknown**

**Contact:**

*Ginger Richter*, RN, CRE  
[ginger.richter@saskhealthauthority.ca](mailto:ginger.richter@saskhealthauthority.ca)  
306-697-4028 Fax: 306-697-4023

#### **Leader - On Hold**

**Contact:**

*Curtis Newton*, PT  
[curtis.newton@saskhealthauthority.ca](mailto:curtis.newton@saskhealthauthority.ca)  
306-778-9402

#### **Maple Creek - On Hold**

**Contact:**

*Curtis Newton*, PT  
[curtis.newton@saskhealthauthority.ca](mailto:curtis.newton@saskhealthauthority.ca)  
306-778-9402

#### **Meadow Lake - On Hold**

STRIDES Program  
**Meadow Lake Primary Care Center**  
218 Center St, Meadow Lake, SK S9X 1Z1

#### **Melfort - Unknown**

Pulmonary Rehab  
**Parkland Place**  
402 Bemister Ave, Melfort, SK S0E 1A0

**Contact:**

*Armande Ferland*, Program Lead  
[armande.ferland@saskhealthauthority.ca](mailto:armande.ferland@saskhealthauthority.ca)  
306-236-1579

**Melville - On Hold**

**Horizon Credit Union Centre**  
575 2nd Ave W, Melville, SK SOA 2P0

**Contact:**

*Kerry O'Donnell*, RN  
[kerry.o'donnell@saskhealthauthority.ca](mailto:kerry.o'donnell@saskhealthauthority.ca)  
306-786-0768

**Nipawin - Active**

**Nipawin Hospital**  
6th Street E, Nipawin, SK, SOE 1E0

**Contact:**

*Geoff Stewart*  
306-862-9822

**Outlook - Unknown**

Breathe Easy Pulmonary Rehab  
**Outlook Health Center**  
500 Semple St., SOL 2N0

**Contact:**

*Megan Sweet*, PT (on maternity leave)  
306-867-5043 Fax: 306-867-9449

**Prince Albert - Active**

FitLife Program - Multi-Disease Rehab  
**Alfred Jenkins Fieldhouse**  
217-2345 10th Ave W, Prince Albert S6V 7V6

**Contact:****Contact:**

*Colleen Naber*, Director of Primary Health Care  
[colleen.naber@saskhealthauthority.ca](mailto:colleen.naber@saskhealthauthority.ca)  
306-752-1750 for booking

**Moose Jaw - 1:1 Education, Exercise, and Virtual Exercise**

**Providence Place - Exercise Therapy Rehabilitation Services**  
100 2 Ave NE, Moose Jaw, SK. S6H 1B8

**Contact:**

*Shannon Harrison*, ET  
[shannon.harrison@saskhealthauthority.ca](mailto:shannon.harrison@saskhealthauthority.ca)  
306-694-0201 Fax: 306-694-8710

**North Battleford - 1:1 Education & Exercise Programming**

**Alex Dillabough Centre**  
421 28th St W, North Battleford, SK SOM OEO

**Contact:**

*Robyn Oborowsky*, RN, CRE  
[Robyn.oborowsky@saskhealthauthority.ca](mailto:Robyn.oborowsky@saskhealthauthority.ca)  
306-446-6549

**Outlook - Unknown**

Multi-Disease Rehab-Walk this Way to Better Health  
**Outlook Civic Centre**  
520 Semple St, Outlook, SK SOL 2N0

**Contact:**

*Jennifer Frerichs*, Chronic Disease Nurse  
[jennifer.frerichs@saskhealthauthority.ca](mailto:jennifer.frerichs@saskhealthauthority.ca)  
306-882-2672 ext.2208 Fax: 306-882-6474

**Radville - Unknown**

**Radville Health Centre**  
840 Conrad Avenue, Radville, SK SOC 2G0

**Contact:**

*Candace Kopec*, Regional Manager CDM  
[candace.kopec@saskhealthauthority.ca](mailto:candace.kopec@saskhealthauthority.ca)

*Robin Gyoerick*, Exercise Therapist  
[robin.gyoerick@saskhealthauthority.ca](mailto:robin.gyoerick@saskhealthauthority.ca)  
306-765-6590 Fax: 306-765-6594

### Regina - **On Hold**

Chronic Conditions Rehab & COPD  
Management Pathway  
**Multiple locations in the North, East, Central,  
and South Networks**

**Contact:**

*Amy Reid*, RRT, FCSRT, CRE  
[amy.reid@saskhealthauthority.ca](mailto:amy.reid@saskhealthauthority.ca)  
306-766-6280 Fax: 306-7222

### Rosetown - **Unknown**

Breathe Easy Pulmonary Rehab  
**Rosetown Hospital**  
409 - Highway 4 North, Rosetown, SK S0L  
2V0

**Contact:**

306-882-2672 ext 2285 Fax: 306-882-6474

### Saskatoon - **Field House - Active**

**Saskatoon Field House**  
2020 College Dr, Saskatoon, SK S7N 2W4

**Contact:**

*Brent Friesen*, CRE  
[brent.friesen@saskhealthauthority.ca](mailto:brent.friesen@saskhealthauthority.ca)  
306-655-2480 Fax: 306-655-6758

### Shaunavon - **Unknown**

**Contact:**

*Jody Rice*, PT  
[jody.rice@saskhealthauthority.ca](mailto:jody.rice@saskhealthauthority.ca)  
306-297-1991

### Swift Current - **Unknown**

**Cypress Regional Hospital**  
2004 Saskatchewan Dr, Swift Current, SK S9H  
5M8

**Contact:**

*Curtis Newton*, PT  
[curtis.newton@saskhealthauthority.ca](mailto:curtis.newton@saskhealthauthority.ca)

306-842-8366 Fax: 306-848-1022

### Regina - **Unknown**

Multi-Disease Rehab (Love2Live)  
**Dr. Paul Schwann Applied Health and  
Research Centre**  
University of Regina - Regina, SK S4S 0A2

**Contact:**

[schwann.centre@uregina.ca](mailto:schwann.centre@uregina.ca)  
306-585-4004 Fax: 306-585-5363  
[www.uregina.ca/dpsc](http://www.uregina.ca/dpsc)

### Rosthern - **Unknown**

Chronic Disease Management Exercise  
Program

**Contact:**

*Bonnie Anderson*, Exercise Therapist  
[bonnie.anderson@saskhealthauthority.ca](mailto:bonnie.anderson@saskhealthauthority.ca)  
306-233-4023

### Saskatoon - **Shaw Centre - Active**

**Shaw Centre**  
122 Bowlit Crescent, Saskatoon, SK S7M 0L1

**Contact:**

*Tristan Etcheverry*, CRE  
[tristan.etccheverry@saskhealthauthority.ca](mailto:tristan.etccheverry@saskhealthauthority.ca)  
306-655-4051 Fax: 306-655-4056

### Spiritwood - **Unknown**

Respiratory Health Clinic  
**Spiritwood Primary Health Care Clinic**  
400 1st St E, Spiritwood, SK S0J 2M0

**Contact:**

*Barb Warkentin*, NP  
[bwarkentin@paphr.sk.ca](mailto:bwarkentin@paphr.sk.ca)  
306-883-4489

### Tisdale - **Active**

**Tisdale Hospital**  
2010 - 110th Avenue West, Tisdale, SK S0E 1T0

**Contact:**

*Geoff Stewart*  
306-862-9822

306-778-9402

**Wadena - Unknown**

**Chronic Disease Management Exercise Program**

**Contact:**

*Marcey Ukrainetz*, Exercise Therapist  
[marcey.ukrainetz@saskhealthauthority.ca](mailto:marcey.ukrainetz@saskhealthauthority.ca)  
306-554-4561

**Weyburn - Unknown**

**Tatagwa View**

808 Souris Valley Road, Weyburn, SK S4H 2Z9

**Contact:**

*Darrell Sydiaha*, ET  
[darrell.sydiaha@saskhealthauthority.ca](mailto:darrell.sydiaha@saskhealthauthority.ca)  
306-637-2410 Fax: 306-637-2485

**Yorkton - On Hold**

**Gallagher Centre**

455 Broadway Street West, Yorkton, SK  
S3N 2W3

**Contact:**

*Kerry O'Donnell*, RN  
[kerry.o'donnell@saskhealthauthority.ca](mailto:kerry.o'donnell@saskhealthauthority.ca)  
306-786-0768

**Wakaw - Unknown**

**Chronic Disease Management Exercise Program**

**Contact:**

*Bonnie Anderson*, Exercise Therapist  
[bonnie.anderson@saskhealthauthority.ca](mailto:bonnie.anderson@saskhealthauthority.ca)  
306-233-4023

**Wynyard - Unknown**

**Chronic Disease Management Exercise Program**

**Contact:**

*Marcey Ukrainetz*, Exercise Therapist  
[marcey.ukrainetz@saskhealthauthority.ca](mailto:marcey.ukrainetz@saskhealthauthority.ca)  
306-554-4561