



# LUNG SASK

# RESPIMAT<sup>®</sup> (RESS-pih-mat) Inhaler Delivery Device

## ASSEMBLY:

1. The device comes in two pieces - an inhaler, and a medication cartridge.
2. With the cap closed, press the safety catch to remove the clear base of the inhaler.
3. On a firm surface, push the narrow end of the cartridge into the inhaler until it clicks into place.
4. Push firmly down on the inhaler to ensure the cartridge has gone all the way in.
5. Put the clear base back into place.



1. Two pieces -  
inhaler &  
cartridge



2. Remove clear  
base



3. Push cartridge  
into inhaler



4. Push firmly down  
on the inhaler  
until you hear a  
click



5. Put clear base  
back into place

## PRIMING:

1. Hold the device upright with the cap closed. **TURN** the base in the direction of the arrows on label until it clicks (half turn).
2. Flip the cap **OPEN** until it snaps fully open.
3. Point the mouthpiece towards the ground. **PRESS** the dose release button. A soft mist will appear.
4. Repeat steps 1-3 until a mist is seen, then repeat three more times.
5. Close the cap.

NOTE: If the device is not used for 7 or more days, prime once. If it is not used for 21 or more days, repeat the full priming process.



1. Hold upright. **TURN**  
base until it clicks



2. **OPEN** cap until it  
snaps fully open



3. Point down.  
**PRESS** dose release  
button



4. Repeat steps 1-3 until  
you see a mist, then  
repeat 3 more times  
5. Close Cap.

# RESPIMAT<sup>®</sup> Inhaler Delivery Device

## HOW DO I USE A RESPIMAT<sup>®</sup>

1. Hold the inhaler upright with the cap closed.
2. **TURN** the clear base in the direction of the arrows on the label until it clicks (half turn).
3. Flip the cap **OPEN** until it snaps fully open.
4. Breathe out, away from the mouthpiece.
5. Put the mouthpiece between lips. Close your lips around the mouthpiece without covering the air vents.
6. Tilt your chin up slightly and point the inhaler towards the back of the throat. While taking a slow, deep breath, **PRESS** the dose release button and continue to breathe in slowly until your lungs are full.
7. Remove the inhaler from your mouth and hold your breath for 5-10 seconds.
8. Breathe out, away from the mouthpiece.
9. Close the cap.

Note: The acronym **TOP – Turn, Open, Press** is a quick reference for device instruction.



1. Hold upright



2. TURN base until it clicks



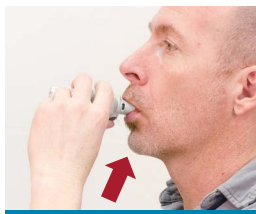
3. Open cap



4. Breathe out



5. Seal lips around mouthpiece



6. Tilt chin slightly, start breathing in slowly, PRESS button and keep breathing in



7. Hold breath 5-10 secs



9. Close cap

## CARE FOR A RESPIMAT<sup>®</sup>

1. Wipe the mouthpiece inside and out once a week with a damp cloth. Any slight discoloration of the mouthpiece will not affect the performance of the inhaler.
2. Once assembled, the inhaler must NOT be taken apart.
3. Check the dose counter with each use to see how many doses are left. When the pointer enters the red area of the scale a new inhaler is needed. When the arrow reaches the end of the dose counter the inhaler locks automatically.
4. Store between 15-30 °C. Do not freeze the cartridge and inhaler.
5. If necessary, wipe the outside of the device with a damp cloth.
6. Always keep the cap closed when turning the base to avoid accidental release of the dose.
7. Always check the inhaler's expiry date.

### Important information:

Respimat<sup>®</sup> is the name of the inhaler delivery device. Medication in this device has a brand name and generic name.

### Inhalers available in the RespiClick<sup>®</sup>:

#### Combivent<sup>®</sup>

Generic name: ipratropium bromide/salbutamol sulphate  
Dose: 20/100 mcg per puff      Duration: 4-6h

#### Inspiroto<sup>®</sup>

Generic name: tiotropium bromide monohydrate/olodaterol hydrochloride  
Dose: 2.5/2.5 mcg per puff      Duration: 24h

#### Spiriva<sup>®</sup>

Generic name: tiotropium bromide monohydrate  
Dose: 2.5 mcg per puff      Duration: 24h



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For video instruction:  
[lungask.ca/inhaler-resources](http://lungask.ca/inhaler-resources)