



LUNG SASK

LUPINHALER

Inhaler Delivery Device

HOW TO USE A LUPINHALER

Before use, peel back foil until 1 capsule is exposed. Remove one capsule at a time.

1. Open the lid by pressing green piercing button and pulling the lid upwards. Open the mouthpiece by pulling upwards to expose the center chamber.
2. Remove a capsule from the blister package and place in the chamber. Close the mouthpiece until you hear a click. Leave the lid open.
3. Hold the inhaler upright (mouthpiece upwards) and press the green piercing button once, then release.
4. Breathe out, away from the mouthpiece.
5. Seal your lips around the mouthpiece. Tilt your chin up slightly and breath in slowly and deeply until your lungs are full. A strong enough inhalation will cause the capsule to vibrate.
6. Remove the inhaler from your mouth while still holding your breath for a count of 5-10 seconds.
7. Breathe out, away from the mouthpiece.
8. Repeat steps 4-7 for a second time.
9. Open the mouthpiece, and dispose of the capsule. Close the mouthpiece and lid.
10. Wash your hands.



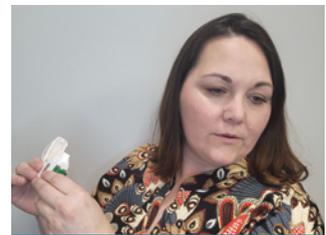
1. Open the lid, open the mouthpiece



2. Place the capsule in the chamber



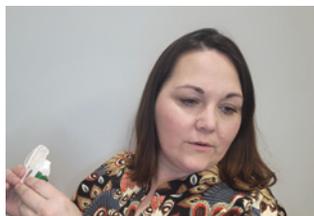
3. Hold upright and press the green button



4. Breathe out, away from mouthpiece



5. Seal lips around mouthpiece, tilt chin up, and breathe in slowly and deeply



6. Hold your breath (5-10 secs)
7. Breathe out



8. Repeat steps 4-7 for a second time



9. Dispose of the capsule
10. Wash your hands

CARE OF A LUPINHALER

The LupinHaler needs to be cleaned once a month, or as needed.

1. Open the dust cap and mouthpiece. Firmly grip the green piercing button and lift up.
2. Rinse the inhaler with warm water to remove any powder.
3. Leave the inhaler with the dust cap, mouthpiece, and base open, and place on paper towel to air dry.
4. Air drying takes 24 hours, so clean the inhaler immediately after use.
5. The mouthpiece may be wiped with a damp tissue as needed. *Do not place in the dishwasher*
6. Discard the LupinHaler 12 months after first use.
7. Always check the inhaler's expiration date.

Important information:

Lupinhaler is the name of the inhaler delivery device.
Medication in this device has a brand name and generic name.

Inhalers available in the Lupinhaler:

PR Lupin Tiotropium

Generic name: tiotropium bromide monohydrate

Dose per puff: 18 mcg

Duration: 24 hours



For video instruction:
lungsask.ca/inhaler-resources



lungsask.ca

