



LUNG SASK

ELLIPTA™

Inhaler Delivery Device

HOW TO USE AN ELLIPTA™

Before first use, remove the inhaler from the foil tray and discard the tray and small sachet that contains a drying agent. The device comes ready-to-use and does not need priming.

1. Slide the cover open, you should hear a click.
2. Breathe out, away from the mouthpiece.
3. Seal your lips around the mouthpiece and tilt your chin slightly.
4. Holding the device horizontally and aimed at the back of your throat, breathe in a long, steady, deep breath, until your lungs are full. (Do not block the air vent at the top of the device with your hands).
5. Remove the inhaler from your mouth and hold your breath for 5-10 seconds.
6. Breathe out, away from the mouthpiece.
7. Close the inhaler by sliding the cover up and over. This resets the inhaler for the next dose.
8. Rinse your mouth with water and spit the water out.



1. Slide the cover over



2. Breathe out



3. Seal lips around mouthpiece and tilt chin.



4. Breathe in a long, steady and deep



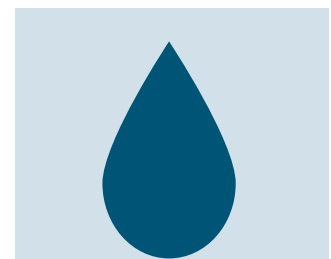
5. Hold breath (5-10 secs)



6. Breathe out



7. Slide the cover to close



8. Rinse your mouth

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CARE OF AN ELLIPTA™

1. Use the inhaler within 6 weeks of opening the foil tray. Mark the use-by date on the inhaler.
2. The mouthpiece may be cleaned after use, if needed, using a dry tissue before the cover is closed. Routine cleaning is not required.
3. The dose counter on the side counts down by 1 each time you open the cover. When there are less than 10 doses remaining in the inhaler, the left half of the counter shows RED. This is a reminder to get a refill. After the last dose has been inhaled, the counter will show "0" and be empty. Discard the empty inhaler.



Important information:

Ellipta™ is the name of the inhaler delivery device. Medications in this device have a brand name and generic names.

Inhalers available in the Ellipta™:

Anoro™

Generic names: umeclidinium bromide/
vilanterol trifenate
Dose: 62.5/25 mcg
Duration: 24 hours

Arnuity®

Generic name: fluticasone furoate
Doses: 100, 200 mcg
Duration: 24 hours

Breo™

Generic names: fluticasone
furoate/vilanterol trifenate
Dose: 100/25 mcg
Duration: 24 hours

Incruse®

Generic name: umeclidinium bromide
Dose per puff: 62.5 mcg
Duration: 24 hours

Trelegy®

Generic names: fluticasone furoate/
umeclidinium bromide/vilanterol trifenate
Dose: 100/62.5/25 mcg
Duration: 24 hours



lungsask.ca



For video instruction:
lungsask.ca/inhaler-resources

